

# WEEKLY COMMUNITY HUB TIMETABLE

## MONDAYS

09:30 - 10:15

**Morning  
Relaxation**

10:30 - 11:45

**Singing Mama's**

Paused until  
spring 2025

13:00 - 15:00

**Disabled  
People's  
Drop-in**

17:30 - 18:30

**Kids Drama**

18:30 - 20:30

**Youth Club**

## TUESDAYS

11:00 - 12:00

**Golden Oldies**

Choir for Older  
People  
First Tuesday of  
the month

16:00 - 17:00

**Jump Start  
Kids**

Fun and games,  
boxing, forest  
school and more  
for ages 5-11

## WEDNESDAYS

09:30 - 11:00

**Tea and Tots**

Toddler Group  
with soft play  
for under 5s

14:00 - 15:30

**Fishponds  
Friendship &  
Exercise Club**

Gentle exercise,  
games and  
refreshments

## THURSDAYS

09:15 - 10:00

**Women's  
Boxfit**

09:30 - 10:30

**EBBC PEEP  
Pre-school**

11:00 - 12:00

**Women's Yoga**

12:00 - 13:00

**Community  
Gospel Choir**

14:00 - 14:45

**Gentle Exercise**  
for older people

## FRIDAYS

09:30 - 11:00

**Tai Chi**

Tai chi, qigong  
& shibashi

18:00 - 19:30

**LCB Kids Club**

Fun, games and  
crafts

20:00 - 21:30

**LCB Youth  
Club**

Games, fun and  
community



**WANT MORE DETAILS?**

**[www.vassallcommunityhub.org.uk](http://www.vassallcommunityhub.org.uk)**

Activities that require booking should be booked directly with the activity organiser.

Visit our  
**Community  
Notice Board**  
For more events &  
activities